Please cancel claims 1-10 as presented in the underlying International Application No. PCT/EP2005/001613.

Please add new claims 11-17 as indicated in the listing of claims below.

This listing of claims will replace all prior versions, and listings, of claims in the application:

## **Listing of Claims:**

Claims 1-10 (canceled)

Claim 11 (new): An electric plug for an outlet comprising:

a plug housing;

at least two integrated plug-in contacts configured to be inserted into corresponding female receptacles of the outlet;

a cable entry portion configured to receive a cable;

a manually actuated ejection mechanism having a push-out device disposed in the plug housing as a moveable plunger and configured to automatically remove the plug from the outlet;

a spring cooperating with the push-out device so that the spring is biased when the plug is in a plugged-in state;

a triggering device disposed in the housing and configured to actuate the ejection mechanism;

a strain relief device disposed in the plug housing and cooperating with the triggering device so that a pulling force from a pulling of the cable acts on the strain relief device to trigger the triggering device, wherein the triggering device, the push-out device and the spring are disposed so as to be urged into a biased position only by an insertion of the plug into the outlet;

a rocking element rockingly supported in the plug housing and moveable between a first

position, in which the rocking element retains the triggering device against the spring, and a second position, in which the rocking element releases the push-out device in response to the pulling force against the strain relief device, wherein the rocking device includes two hinge pins located in an axis of rotation and a bridge element extending below the push-out device and connecting the two hinge pins, the bridge element having a latchbolt-like surface on a side facing the push-out device, the strain relief device being formed on the latchbolt-like surface below the latchbolt-like surface; and

a retaining element disposed so as to act on the plunger, and to be acted upon by the biased spring and providing a latching connection with the latchbolt-like surface of the bridge element.

Claim 12 (new): The electric plug as recited in claim 11, wherein the housing includes at least two housing shells.

Claim 13 (new): The plug as recited in claim 11, wherein the plunger is moveably disposed between the at least two plug-in contacts and supported in a bottom region and in the cable entry region of the plug housing.

Claim 14 (new): The plug as recited in claim 13, wherein the plunger includes a plate-like element formed at one end of the plunger, the plate-like element pressing flat against a contact surface of the outlet during an ejection process of the plug and having guide elements configured to guide the plate-like element between the at least two plug-in contacts during the ejection process.

Claim 15 (new): The plug as recited in claim 14, wherein the plate-like element includes recesses that at least partially encircle the plug-in contacts.

Claim 16 (new): The plug as recited in claim 15, wherein in a non-actuated state, the plate-like element is located in an opening in a bottom surface of the plug housing.

Claim 17 (new): The plug as recited in claim 11, further comprising a locking device disposed in a

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